

**International Day of Yoga - 2025 Selected List**

S. No	Name & Address	State	Cate.	Mobile	E-mail	Titles with speakers
1	Ms. Charu Sharma, Assistant Profssor, (Yoga), Govt. Arts & Sports College, Jalandhar, Punjab	Punjab	Gen	7060164643	<a href="mailto:charu0432@gmail.com">charu0432@gmail.com</a>	1. Traditional Gurukul System vs Modern Institutional Education - Dr. Nidhish Kumar Singh 2. Yoga in Managing Lifestyle Diseases - Dr. Satya Prakash Pathak
2	Dr. G. Jayamanikya Shastri, Associate Professor, Department of Nyaya, Shri Jagannath Sanskrit University, Shri Vihar, Puri	Odisha	Gen	8144550836	<a href="mailto:jayanamikya.svdv@gmail.com">jayanamikya.svdv@gmail.com</a>	1. Yoga Beyond Asanes - Prof. Pdulog Nand 2. the Science of Yoga - Prof. Kamlesh Mishra 3. Women Health Yoga : prof. Godabarish 4. Yoga in Education -
3	Dr. Tariq Rafeeq Khan, Assistant Professor, Department of Philosophy, Islamic University of Science & Technology, Kashmir	Kashmir	Gen	7006334573	<a href="mailto:khantariq12213@gmail.com">khantariq12213@gmail.com</a>	1. Yoga as an Indian Philosophical way of Counselling/Therapy - Prof. Pradeep Gokhale 2. The Therapeutic Relevance of Patanjali's Yogasutra for Today's World - Prof. Daniel Raveh
4	Prof. Debashis Patra, Coordinator, Department of Sanskrit, Fakir Mohan University, Vyasa Vihar, Nuapadhi, Baleshwar, Odisha - 756089	Odisha	Gen	7986134927/9438589924	<a href="mailto:sanskritfmu@gmail.com">sanskritfmu@gmail.com</a>	1. Practice of Yoga in Shrimad Bhagavadgita: Prof. Prafulla Kumar Mishra 2. Indian Yoga Tradition with Special Reference to Jainism: Prof. Jagat Ram

5	Dr. S. Singaravelu, Principal, Vivekanandha College of Education, ECR, Lawspet, Pondicherry - 605005, UT of Puducherry	Pondicherry	SEBC	9629947525	<a href="mailto:drsvelu@gmail.com">drsvelu@gmail.com</a>	1. Yoga & Indian Knowledge Systems: Ancient Wisdom for Modern Education: Dr. M. Balaji 2. Mindful Teaching: Enhancing Cognitive and Emotional Well-Being
6	Dr. Vijay Gupta, Assistant Professor, Department of Sarvadarshna, Shri Lal Bahadur Shastri National Sanskrit University, New Delhi - 110016	New Delhi	OBC	9716223831	<a href="mailto:vijay@slbsrsv.ac.in">vijay@slbsrsv.ac.in</a>	योग एवं मानसिक स्वास्थ्य: Prof. Ramnath Jha, Prof. Ramesh Kumar Pandey, Prof. Omnath Vimli and Vandana Pandey
7	Dr. Jayanthi Ranjan, Vice Chancellor, Sharda University, Agra	UP	Gen	9811443010	<a href="mailto:vc@agra.sharda.ac.in">vc@agra.sharda.ac.in</a>	1. Lecture on Improving Mental & Physical Health Through Yoga Practice: Dr. Ramnarayan Mishra, Prof. Omnarayan Tiwar and Dr. Somlata Jha
8	DR. SWAGATA GHOSH and PROF. NIRMAL KUMAR ROY, ASSISTANT PROFESSOR AND PROFESSOR, DEPARTMENT OF PHILOSOPHY, UNIVERSITY OF NORTH BENGAL, RAJA RAMMOHUNPUR, P.O. NORTH BENGAL	West Bengal	Gen	9748179249	<a href="mailto:ghoshswagata2012@gmail.com">ghoshswagata2012@gmail.com</a>	1. Yogadarshnam: Swami Divyaivanda ji 2. Yoga is Aurobindo's Philosophy: Prof. Gautam Ghoshal 3. Yog in Vyasabhasya: Dr. Shakuntala Bora

9	Dr. Deepa Agarwal, Assistant Professor, Chaman Lal Mahavidhyalaya, Autonomous, Landhora, Distt. Haridwar	Uttarakhand	Gen	9758243800	<a href="mailto:ydrdeepa@gmail.com">ydrdeepa@gmail.com</a>	1. The Concept of Ultimate Reality in Yoga and Indian Philosophy: Dr. Sushil Kumar 2. The Concept of Dharma in Yoga and Indian Philosophy: Dr. Laxmi
10	Dr. Jayasree R, and Dr. S. Thiagarajan, Assistant Professor, Department of Education, Department of Oriental Studies and Research, SASTRA Deemed to be University, Thirumalaisamudram, Thanjavur - 613401	Tamilnadu	Gen	9789360625/9791795750	<a href="mailto:jayasree@sastra.edu">jayasree@sastra.edu</a> <a href="mailto:thiagarajan@sastra.edu">thiagarajan@sastra.edu</a>	1. The Vital Elements and Advantages of Yoga: Sri. S. Sridharan 2. Importance of Yoga in the Present-day World: Dr. K. S. Balasubramanian 3. Yoga Philosophy and Practice along with Demonstration: Dr. R. Sudararajan 4. The Wisdom and Practice of Yoga: Smt. D
11	Dr. Jaipal Singh Rajput, Assistant Professor, Indira Gandhi University, Meerpur Rewari Haryana	Haryana	Gen	9896887522	<a href="mailto:jaipal.yoga@iggu.ac.in">jaipal.yoga@iggu.ac.in</a>	1. समस्त स्वास्थ्य के लिए योग: प्रोफ. सुरेश लाल 2. अव्येग योग: प्रोफ. बलबीर आचार्य 3. Science behind of Yoga: Dr. Ram Narayan Mishra
12	Mr. Ratul Dutta, Assistant Professor, Department of Philosophy, Purbanchal College, Silapathar, P.O.: Silapathar, District: Dhemaji, State: Assam - 787059	Assam	OBC	9954368673	<a href="mailto:ratuldutta45@gmail.com">ratuldutta45@gmail.com</a>	1. Yoga as a Practice of Developint Physical and Mental Health: Mr. Bikash Goswami 2. Importance of Yoga in our Day to Day Life: Mr. Binod Gogoi

13	DEEPAK KUMAR BEHERA, ASSISTANT PROFESSOR OF PHILOSOPHY, M.P.C AUTONOMOUS COLLEGE ,TAKHATPUR ,BARIPADA,under M.S.C.B.University, MAYURBHANJ	Odisha	SC	9861307818	<a href="mailto:deepakbehera1979@gmail.com">deepakbehera1979@gmail.com</a>	A Yogic Serenade vis-à-vis Ai Awakened World: Dr. Shivani Sharma, Dr. Gautam, Prof. Mayuri and Rajan Chawla
14	Dr. Vivekanand Tiwari, Assistant Professor, Hindi Department, Gopeshwar College, Hathwa, Gopalganj - 841436	Bihar	Gen	7839001436	<a href="mailto:vivekanandtiwari1988@gmail.com">vivekanandtiwari1988@gmail.com</a>	1. योग दर्शन का वैश्विक मूल्य - एक परिदृश्य : प्रोफ. प्रमोद कर. वाजपयी 2. भारतीय संस्कृति में योग का महत्व : प्रोफ. उदय शंकर
15	Dr. Anand Katti, Professor, PRINCIPAL GOVT AYURVEDIC MEDICAL COLLEGE BANGALORE	karnataka	Gen		<a href="mailto:ayurvedananda@gmail.com">ayurvedananda@gmail.com</a>	1. Yoga Ayurveda Sambandha, Sadhrmya and Vaidharmya: Prof. M Jayaraman 2. Yoga, Philosophy to Practice: Prof. Venkataraman
16	Ms. Rupali Ghosh Dastidar, State Aided College Teacher, Lilabati Mahavidyalaya, Jateswar, Alipurduar, West Bengal - 735216	West Bengal	Gen	7080834124	<a href="mailto:lbmhv2013@gmail.com">lbmhv2013@gmail.com</a>	Internal Seminar on Yoga for Health, Happiness and Harmony: 1. Prof. Raghunath Ghosh, Prof. Jhadeswar Ghosh, Prof. Govind Sharan Upadhyay
17	Mr. Aditya Kumar, Assistant professor, Department of Philosophy, J.L.N. College, Chakradharpur - 833102	Jharkhand	OBC	8789036972	<a href="mailto:adityaphilo@gmail.com">adityaphilo@gmail.com</a>	1. Yoga Philosophy and its relevance: Dr. Debashish Guha 2. Concept of Yoga in the Context of different Philosophy and Philosophers: Dr. Sanjay Kumar

18	Dr. J. Thirumal, Associate Professor & Head, Department of Philosophy, Annamalai University, Annamalainagar - 608002, Tamil Nadu	Tamilnadu	OBC	9842303288	<a href="mailto:drit@rediffmail.com">drit@rediffmail.com</a>	Yoga for Health, Happiness and Harmony: Dr. K Venkatachalapathy, Dr. V. Gopinath, Dr. V. Suresh and Dr. G. Lenin
19	Dr. Nazneen Ahmed, Assistant Professor, Department of Philosophy, Dispur College	Assam	Gen	7002575696	<a href="mailto:nazneenahmed03@gmail.com">nazneenahmed03@gmail.com</a>	1. Embodiment as an Approach to Yoga: Dr. Akoijam Thoibisana 2. yoga and Human Empowerment: Dr. Maitrayee Sarma 3. The Importance of yoga for 21st Century: Dr. Laxmikanth Padhi
20	Dr. Walter Menezes, Assistant Professor & Programme Director, Philosophy Discipline, School of Sanskrit, Philosophy, & Indic Studies, Goa University, Taleigao Plateau-403206	Goa	Gen	8879027233	<a href="mailto:menezes@uni.goa.ac.in">menezes@uni.goa.ac.in</a>	1. Evaluating Indigenous Knowledge and Yogic Life at Hinterlands: Dr. Walter Menezes 2. Indigenous Diet and Yogic Practice: Dr. Yogesh Shinde 3. Yogic Practice and Mental Wellbeing of Tourist: Dr. Derek Monteiro 4. Yoga and Counselling for Wellness Tourism in Goa's Hinterland: Prof. Bala Ganapathi

21	Dr. Shweta Singh, Assistant Professor, A.M.College, Gaya Magadh University, BodhGaya	Bihar	Gen	8318440735	<a href="mailto:shweta961@gmail.com">shweta961@gmail.com</a>	1. International Day of Yoga-Importance of Yoga in present day world: Dr. Santat Sharma 2. Yoga for Health, Happiness and Harmony: Dr. Haresh Kumar Pandey 3. Importance of Yoga in Present Day World: Prof. Shailesh Kumar Singh and
22	Dr Chinna Suresh and Dr. B. Lalitha Bala, Assistant Professor, SASTRA Deemed to be University, Thanjavur-613401, Tamil Nadu, India	Tamilnadu	OBC	949134393	<a href="mailto:chinnasuresh@sastra.edu">chinnasuresh@sastra.edu</a>	1. Expert Talk: Reviving Gurukula Traditions through Yoga Education: Dr. Jayaraman Mahadevan 2. Expert Talk: Yoga for Students Preparing for Competitive Exams: Combating Stress and Anxiety: Dr. Lakshminaravana
23	Dr Jitendra Aherkar, Dean, Faculty of Humanities and Social Sciences, Atmiya University "Yogidham Gurukul" Kalawad Road, Rajkot-360005 Gujarat, India	Gujarat	Gen	8369140847	<a href="mailto:dean.fohss@atmiyauni.ac.in">dean.fohss@atmiyauni.ac.in</a>	Yoga: A Pathway to Inner Peace and Health: Mrs. Geeta Sojitra, Mr. Hardik Patel, dr. Bhavesh Raba, Mr. Anil Trivedi
24	Mr. Nitin Devidas Kale, Assistant Professor, Degree College of Physical Education, Amravati	Maharashtra	Gen	9028127934	<a href="mailto:departmentofyogadcpe@gmail.com">departmentofyogadcpe@gmail.com</a>	1. Common Yoga Protocol Training Course: Dr. Arun Khodskar 2. The Science of Yoga- Understanding the Physiological and Psychological Benefites of Yoga: Ms. Pooja Maske

25	Dr. Karabi Goswami, Assistant Professor, Narangi Anchalik Mahavidyalaya , Narengi , Guwahati - 781171 , Assam [Gauhati University affiliated college}	Assam	Gen	9864182767	<a href="mailto:dr.karabigoswami@yahoo.in">dr.karabigoswami@yahoo.in</a>	Theme: Lecture on Yoga Philosophy and practice along with Demonstration. Session: 1) The Role of Yoga in Enhancing holistic health and well being. 2) Yoga for empowering women in modern life with
26	Dr Geeta Yogesh Bhatt, Malviya Heritage complex, Banaras Hindu University, Varanasi 221005	UP	Gen	'+91870745236'	<a href="mailto:ishannikhilesh224@gmail.com">ishannikhilesh224@gmail.com</a>	1. Yoga Philosophy: Prof. Krishna Kant Sharma 2. Yoga Education and Research: Prof. B. R. Sharma 3. Yoga Therapy & Healing: H. R. Nagendra 4. Importance of Traditional Yoga aspectes
27	Dr. Udai Prakash Verma, Assistant Professor, Amity University Madhya Pradesh, Gwalior, 474005	Madhya Pradesh	OBC	8077599531	<u>NIL</u>	1. Vedic Perspectives on yoga Partha to Health, Happiness & Universsal Harmony: Dr. Dinesh Chandra Shastri 2. Holistic Well-Being Through Yoga: Prof. Surendra Kumar 3. Integrating Yoga into Psychology: Enhanceing Emotional and Cognitive Health: Dr. Roshan Lal 4. Integrating Yoga into

28	Dr. P. K. Karthikeyan, Director [i/c], Centre for Yoga Studies, Annamalai University, Annamalai Nagar - 608002, Chidambaram, Tamil Nadu	Tamilnadu	OBC	9842012154	<a href="mailto:aucysdirector2024@gmail.com">aucysdirector 2024@gmail.c om</a>	1. Positive Psychology in Yoga: Dr. V. Suresh 2. Yoga Practice alongwith Demonstration: Dr. V. Suseela 3. Yoga for Philosophy: Dr. J. Thirumal 4. Yoga Practice alongwith Demonstration : Dr. C. Shanthi
29	Dr. K. S. Bamaniya, Assistant Professor & HoD, Department of Sanskrit, Government PG College Damoh MP 470661	Madhya Pradesh	ST	'+919424462216'	k.sbaminiya12 3@yahoo.in	मानवीय योगक्षम के लिए योग: Prof. Ramnath Jha 2. योग दर्शन की परंपरा : प्रोफ. बैदनाथ लाभ 3. योग का महत्त्व : प्रो. वी. के. मेनन 4. योग कि दार्शनिक परम्परा: प्रोफ. अम्बिका दत्ता शर्मा
30	Dr.Tripti Dhar, Professor of Philosophy, Department of Philosophy, Raiganj ,Uttar Dinajpur, West Bengal, Pin:- 733134	West Bengal	Gen	'+919735085169'	<a href="mailto:dhardtripti@gmail.com">dhardtripti@ gmail.com</a>	1. Yoga and Mental Health: Dr. Purbayan Jha 2. Yoga in Buddhism: Dr. Kantilal Das Yoga & Conginition: Dr. Samar Mondal 4. yoga in Indian Philsoophy : Dr. Raijiba Lodan Basak

31	Dr RAGHUL V RAJAN, Assitant Professor of English, Aligarh Muslim University Centre Malappuram, Cherukara P. O., Malappuram, Kerala 679 340	Kerala	Gen	9846536592	<a href="mailto:raghulvraj@gmail.com">raghulvraj@gmail.com</a>	Lecture on Yoga for Health & Happines: Dr. Mithun C 2. Yoga for Stress free life: Dr. Muhammed Haris c.
32	Ms. Subhrajit Sen & Mrinal Chandra Das, Assistant Professor, Department of Sanskrit, Universtiy fo Gour Banga Malda WB	West Bengal	Gen	8100232021	<a href="mailto:sssubhrasen@gmail.com">sssubhrasen@gmail.com</a>	1. Practice of Yoga for increasing Concentration: Swami Vidyapradananda 2. Yoga Therapy along with Demonstration: Dr. Deb Kumar 3. Psycho-physiology of Yogic practice: Dr. Parichiti Saha 4. Nature of Yoga in Indian Tradition: Prof
33	Dr. Gopi Sharma, Assistant Professor and Head, Department of Sanskrit, Swami Premenand Mahavidyalaya, Mukerian (Hoshiarpur) Punjab	Punjab	Gen	9780474754	<a href="mailto:sharma.gopy@gmail.com">sharma.gopy@gmail.com</a>	1. Yoga and Indian Knowledge System: A Practical Approach to Health and Spirituality: Dr. Shivani 2. Patanjali's Ashtanga Yoga: A Stepwise Guide to Self Realization: Dr. Ritu Bala 3. Yoga in Vedic and Upanishadic Literature: Dr. Tommer Sharma +2

34	Mr. MANJANNA B P, Physical Education Director, Surana College Autonomous, Bangalore, Karnataka	karnataka	ST	'+918951275553'	manjanna.ped@suranacollege.edu.in	1. Type of Pranayama and Yoga Asanas: Mr. Rajesh Achari 2. Benefits of Surya Namaskar and Yoga Exercise: Mr. Raghavendra 3. Birth and Death
35	DR LAKSHMAN PATRA, Assistant Professor of Philosophy, P G Department of Philosophy, VIKRAM DEV UNIVERSITY, JEYPORE, ODISHA	Odisha	Gen	9238999875	patra_lakshman@rediffmail.com	Relevance of Yoga in the Present Society: Prof. G.P. Das, Dr. Dinesh Prasad Swan, Sri Bhagirathi Pani and Prof. Amulya Ranjan Mahapatra
36	Dr. Tapan Shil and Dr. Mukesh Mitra, Assistant Professor and Associate Professor, Department of Physical Education, Michael Madhusudan Dutta College, Sabroom, South Tripura	Tripura	Gen	09365244630 /09436768695	sankhyayogarsvp@gmail.com	1. Impact of Sanskrit Knowledge in the practice of yoga, wellness, and harmonious development: Prof. Prabhat Kumar Mohapatra 2. Role of Yoga in different sports: Prof. Sudip Das, 3. Role of Sanskrit Knowledge to understand
37	Dr. Dumrendra Rajan, Assistant Professor, Department of Philosophy, Baharagora College, Bhararaora, East Singhbhum, Jharkhand	Jharkhand	Gen	6204428682	dumrendrarajan@gmail.com	1. Relevance of Yoga in Modern Time: Prof. N. P. Tiwari 2. Yoga Essence of Life: dr. Abha Jha 3. Dr. Human Consciousness & Yogic : Dr. Rupesh Kumar

38	Dr. Rajib Lochan Behara, Assistance Professor, Department of Philosophy & Religion Faculty of Arts, B.H.U.	UP	SC	9569257602		1. yoga & Meditation : Prof. R. C. Pradhan 2. Yoga & Science : Prof. P. K. Basu 3. yaga & Consciousness: Prof. Raghunath Ghosh
39	Dr. Prasanta Kumar Panda, HoD, Department of Sanskrit, Adaspur, Cuttack, Odisha, India - 754011	Odisha	Gen	9938452308	<a href="mailto:dr.prasantapanda@gmail.com">dr.prasantapanda@gmail.com</a>	1. Effects of Yoga - Dr. Arun Ranjan Mishra 2. General outline of Yoga - Dr. Satya Acharya 3. Concept of Health - yoga - Dr. Barma Kumar Mishra 4. Benifity of Yogama - Dr. Bhagirathi Panda
40	Mr. Seju Pratim Borah, Assistant Professor, Department of Political Science, Kampur College, Kampur, Nagaon, Assam - 782426	Assam	OBC	6900339131	<a href="mailto:seujpratim46@gmail.com">seujpratim46@gmail.com</a>	1. a. Historical Origins and Philoosophicals of Yoga (b). Role of Yoga in Developing Mindfulness and Self-Reflection - Dr. Rupshree Devi